

Arlington Heights Recreation Center

Fall Session 2009: August 31 through November 20

**All Classes Begin September 14, 2009*

	Monday	Tuesday	Wednesday	Thursday	
9:00am	Walking 9:00a -12:00p	Walking 9:00a -12:00p	Walking 9:00a -12:00p	Walking 9:00a -12:00p	Walking 9:00a -12:00p
9:30am	(Gym)	(Gym)	(Gym)	(Gym)	(Gym)
10:00am					
10:30am					
11:00am					
11:30am					
12:00pm					
12:30pm					
1:00pm	*Closed Monday - Thursday				
	1:00 P.M. - 4:00 P.M.				
1:30pm	*Closed Friday after 1:00 PM				
2:00pm					
2:30pm					
3:00pm					
3:30pm					
4:00pm		Youth Open Gym 4:00p - 6:00p	Youth Open Gym 4:00p - 6:00p	Youth Open Gym 4:00p - 6:00p	
4:30pm	Basketball 4:30p - 6:00p	(Gym)	(Gym)	(Gym)	C
5:00pm	*Sept 14 - Oct 12 Ages 11 - 13				L
5:30pm	*Oct 19 - Nov 20 Ages 5 - 7				
6:00pm	Basketball 6:00p - 7:30p	Adult Open Gym 6:00p - 9:00p	Adult Line Dance <i>Beginner</i>	Adult Open Gym 6:00p - 9:00p	O
6:30pm	*Sept 14 - Oct 12 Ages 14 - 18	(Gym)	6:00p - 7:00p (Gym)	(Gym)	S
7:00pm	*Oct 19 - Nov 20 Ages 8 - 10		Adult Line Dance <i>Intermediate</i>		
7:30pm			7:00p - 8:00p (Gym)		E
8:00pm					
8:30pm					D
9:00pm					